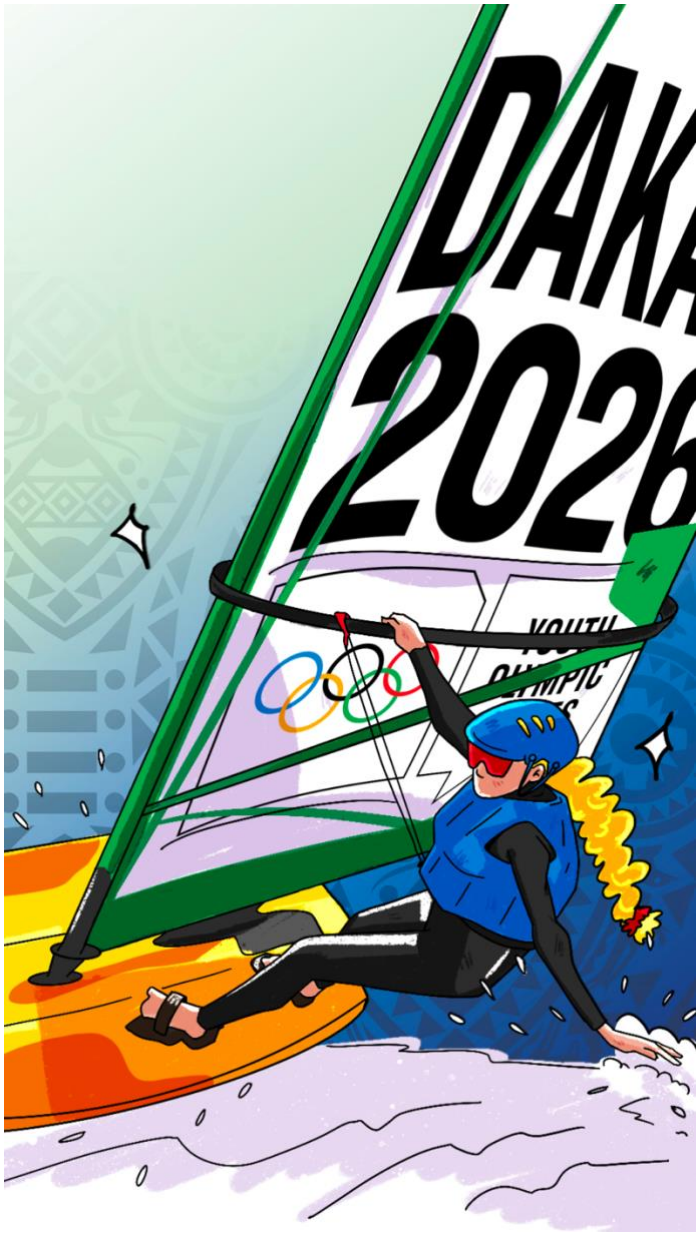
SAILING INSTRUCTIONS

Dakar 2026 Youth Olympic Sailing Competition

5–12 November 2026

Saly Beach West, Senegal

The Organizing Authority is World Sailing in conjunction with the Dakar 2026 Youth Olympic Games Organising Committee.



CHANGE LOG

Date	Changes
7 November 2026	10.1, 22.1
20 October 2026	Initial Version

1 RULES

1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), including the rules and other documents listed in NoR 1.

1.2 In these Sailing Instructions, the notations [SP] and [NP] have the meanings stated in NoR 1.6.3 and NoR 1.6.4. The notation [DP] has the meaning stated in the RRS Introduction.

1.3 In these Sailing Instructions, 'RRS n' refers to a rule of the RRS, 'NoR n' to a rule of the Notice of Race, 'SI n' to a rule of these Sailing Instructions, and 'ER' to the Dakar 2026 Equipment Regulations.

2 CHANGES TO SAILING INSTRUCTIONS

2.1 Any change to the Sailing Instructions will be posted on the Official Notice Board before 10:45 on the day it will take effect, except that any change to the Competition Schedule will be posted by 18:30 on the day before it will take effect.

2.2 Changes to the Sailing Instructions will be approved by the Principal Race Officer.

3 COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the Official Notice Board (see NoR 3.1).

3.2 The Race Office is located at the Beach Water Park and will be open when the venue is open (NoR 11.2).

3.3 Hearing requests, scoring enquiries, retirement declarations and other forms shall be submitted electronically through the online system accessed via the Official Notice Board. Submissions made through this system will be treated as delivered to the Race Office. Only if the system fails, paper forms will be available at, and shall be delivered to, the Race Office.

4 [NP] [DP] CODE OF CONDUCT

4.1 Athletes and support persons shall comply with any reasonable request from an event official.

4.2 Athletes and support persons shall handle the Supplied Equipment, tracking devices, cameras and any other equipment provided by the Organizing Authority with proper care and seamanship, in accordance with any instructions for its use, and without interfering with its functionality.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at the flagpole located next to the Race Office and Jury office.

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in Race Signals AP.

5.3 [NP] [SP] Flag D displayed with one sound over an event flag means 'Boards in this event shall not leave the shore until this signal is made. The warning signal will not be made before the scheduled time or less than 20 minutes after flag D is displayed.'

5.4 [DP] When flags AP over H or N over H are displayed afloat, all boards afloat shall return ashore promptly and wait there for further signals. This changes RRS Race Signals AP over H and N over H.

6 SCHEDULE OF RACES

6.1 The scheduled number of races and the scheduled time of the first warning signal for each event on each racing day will be shown in the Competition Schedule. The initial Competition Schedule is shown in SI Addendum B.

6.2 Updates to the Competition Schedule for the following racing day will be posted on the Official Notice Board each day. Any change will be made in accordance with SI 2.1.

6.3 The scheduled number of races per event is three per day. One extra race per day may be sailed, provided that the change is made in accordance with SI 2.1.

6.4 The scheduled time of the first warning signal on 8 November 2026 is 12:00 (NoR 8.3). On subsequent days, the scheduled time will be shown in the Competition Schedule.

6.5 To alert boards that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound two minutes before a warning signal is made.

6.6 The warning signal for each succeeding race will be made as soon as practicable.

7 EVENT FLAGS

7.1 The event flags are:

Event	Insignia	Background Colour
Men's Windsurfing	Techno 293	White
Women's Windsurfing	Techno 293	Light Blue

8 [DP] RACING AREA AND FIELD OF PLAY

8.1 There is one Field of Play (FOP) and one racing area, named Saly, shown in NoR Addendum D. Both events will race on the Saly racing area.

8.2 Boards not racing shall avoid the racing area while other boards are racing, and shall keep clear of official vessels.

8.3 Only accredited athletes and accredited support persons are permitted on the FOP. The FOP is closed whenever the venue is closed (NoR 11.2).

9 COURSES

9.1 The diagrams in SI Addendum A show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2 No later than the warning signal, the Race Committee signal vessel will display the course designation and the approximate compass bearing of the first leg.

10 MARKS

10.1 Marks will be as follows:

Marks 1, 4s, 4p	New Mark	Starting Marks	Finishing Marks
Yellow	Orange	Orange	Blue

10.2 If a gate mark is missing and has not been replaced in accordance with RRS 34, the remaining mark shall be left to port.

11 THE START

11.1 RRS 26 and Preparatory Signals in Race Signals are deleted. Races will be started using the following signals. Times shall be taken from the display of visual signals and the absence of a sound signal shall be disregarded. This changes RRS 26 and Race Signals.

Minutes before starting signal	Visual signal displayed	Visual signal removed	Sound signal	Means
4	Event flag; P, U or black flag		None	Event to start; starting penalty
3	Pink flag with number 3		One	Warning signal
2	Red flag with number 2	Pink flag	One	Preparatory signal
1	Yellow flag with number 1	Red flag	One long	One minute

Minutes before starting signal	Visual signal displayed	Visual signal removed	Sound signal	Means
0	Green flag	Yellow flag	One	Starting signal
+1		Green flag, event flag, P, U or black flag	None	

11.2 The starting line will be between staffs displaying orange flags on the Race Committee signal vessels or between a staff displaying an orange flag on the Race Committee signal vessel at the starboard end and the course side of the port-end starting mark.

11.3 [DP] A buoy may be attached to the Race Committee signal vessel anchor line. Boards shall not pass between this buoy and the Race Committee signal vessel at any time. This buoy is part of the signal vessel's ground tackle.

11.4 [DP] When a starting sequence is in progress, boards whose warning signal has not been made shall avoid the starting area. The starting area is a rectangle extending 50 metres from the starting line and starting marks in all directions.

11.5 A board starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.

11.6 If any part of a board's hull is on the course side of the starting line at her starting signal and she is identified, the Race Committee will attempt to display her country code on the signal vessel. Failure to do so shall not be grounds for redress. This changes RRS 61.4(b)(1).

12 CHANGE OF THE NEXT LEG OF THE COURSE

12.1 To change the next leg of the course, the Race Committee will lay a new mark, move the leeward gate or move the finishing line, and will remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. This changes RRS 33.

13 THE FINISH

13.1 The finishing line will be between staffs displaying blue flags or between a staff displaying a blue flag on the Race Committee finishing vessel at one end and the course side of the finishing mark at the other end.

14 PENALTY SYSTEM

14.1 Penalties for breaches of RRS 50, class rules, or rules marked [DP] or [SP], should the case go to a hearing, are at the discretion of the International Jury.

14.2 Standard Penalties:

(a) For breaches of a rule marked [SP], or breaches of the class rules listed in the 'Standard Penalty List' published on the Official Notice Board, the Race Committee or Technical Committee may impose a standard penalty without a hearing. The scores of other boards shall not be changed; therefore, two boards may receive the same score. However, the Race Committee or Technical Committee may protest a board if they consider the standard penalty to be inappropriate. This changes RRS A5.1.

(b) A protest from a board is invalid as far as it alleges such a breach for which a standard penalty has been imposed. A request for redress from a board is invalid as far as it is based on the imposition of a standard penalty to another board. This changes RRS 60.4(a) and 61.3.

(c) A list of boards that have been penalized under this rule will be posted on the Official Notice Board.

15 TIME LIMITS AND TARGET TIMES

15.1 If no board has passed Mark 1 within the Mark 1 Time Limit, the race will be abandoned.

15.2 The Finishing Window is the time for boards to finish after the first board sails the course and finishes. Boards failing to sail the course and finish within the Finishing Window will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1 and A5.2.

15.3 Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.4(b)(1).

16 HEARING REQUESTS

16.1 Hearing requests shall be submitted through the online system in accordance with SI 3.3.

16.2 For each event, the protest time limit for protests about incidents observed in the racing area is 45 minutes after the last board in that event has finished the last race of the day within the Finishing Window, or after the Race Committee signals AP over A or N over A, whichever is later. The time will be posted on the Official Notice Board.

16.3 Hearings will be listed on the online system no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located next to the technical tables, beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the end of the protest time limit.

16.4 Notices of protests by the Race Committee, Technical Committee or International Jury will be posted to inform the boards concerned.

17 SCORING

17.1 To request a correction of an alleged error in posted race or series results, a board may submit a scoring enquiry through the online system in accordance with SI 3.3.

17.2 Athletes who have been scored OCS, UFD or BFD, and their coaches, may view any available recording of the relevant start.

18 [NP] [DP] SAFETY REGULATIONS

18.1 [SP] Before going afloat to race or train, each athlete shall personally check out and collect their tracking device (NoR 10.2) at the technical room near the FOP. Athletes may check out from 45 minutes before the scheduled time of their first warning signal of the day, or from 30 minutes before the opening of a scheduled training session.

18.2 [SP] On returning ashore, each athlete shall personally check in and return their tracking device at the same location, within the protest time limit (SI 16.2) on racing days, or within 30 minutes of the end of a scheduled training session.

18.3 A board that is not leaving the shore for a scheduled race shall promptly notify the Race Office.

18.4 A board that retires from a race shall notify the Race Committee before leaving the racing area, if possible, and shall complete a retirement declaration through the online system in accordance with SI 3.3, as soon as possible after returning ashore and within the protest time limit.

18.5 The Sport Information Desk and the Venue Medical Centre are located at the Beach Water Park, and the Race Office is located as stated in SI 3.2.

18.6 Safeguarding services are available at the venue and in the Youth Olympic Village.

19 [DP] REPLACEMENT OF ATHLETES OR EQUIPMENT

19.1 Replacement of athletes is governed by the IOC entry procedures (NoR 4.1) and will not be permitted after the Technical Meeting.

19.2 Substitution of damaged or lost Supplied Equipment is not allowed unless authorized by the Technical Committee in accordance with the ER. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity, which may be after the race.

19.3 When an item of Supplied Equipment is damaged or lost shortly before a race and is replaced afloat, the athlete shall notify the Technical Committee or Race Committee before the warning signal and, after coming ashore and within the protest time limit, shall comply with SI 19.2.

19.4 Athletes shall report any damage to, or loss of, Supplied Equipment, however slight, to the Technical Committee or an equipment manager (NoR Addendum B) immediately after coming ashore.

20 [NP] [DP] EQUIPMENT INSPECTION

20.1 When instructed by a race official afloat, a board shall proceed to a designated area for inspection.

21 OFFICIAL VESSELS

21.1 Official vessels will be identified as follows:

Vessel	Identification
Race Committee	White flag with 'RC' in black
Technical Committee (including Supplied Equipment)	White flag with 'Dakar 2026' in black
Medical	Dakar 2026 flag
Rescue	Dakar 2026 flag
Media	White flag with 'MEDIA' in black
Support person vessels	'COACH' flag

21.2 A request for redress from a board is invalid if it is based on an action by an official vessel, media vessel, helicopter or drone. This changes RRS 61.3.

22 SUPPORT TEAMS

22.1 When flag V is displayed on a Race Committee vessel with repetitive sounds, all support person vessels shall monitor radio channel 5 and assist in search and rescue as directed by the Race Committee.

23 [DP] TRASH DISPOSAL

23.1 Trash may be placed aboard official vessels and support person vessels.

SI ADDENDUM A — COURSES

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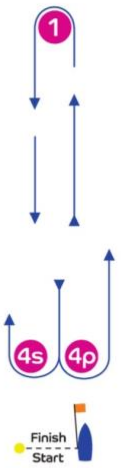
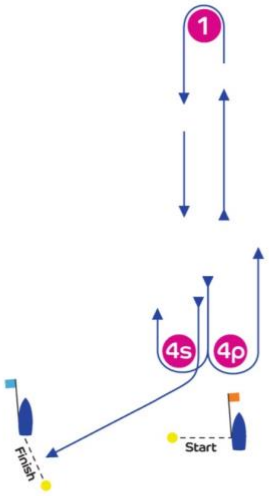


Course:

Signal	Mark Rounding Order
L1	Start - 1 - Finish
L2	Start - 1 - 4s/4p - 1 - Finish
L3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish
L4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish

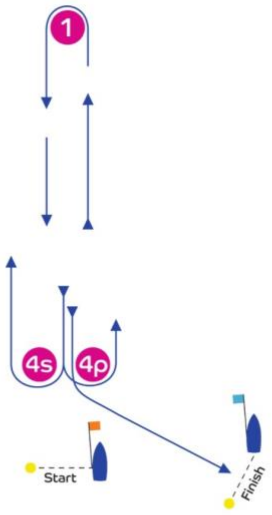
LG



Course:

Signal	Mark Rounding Order
LG1	Start - 1 - 4s - Finish
LG2	Start - 1 - 4s/4p - 1 - 4s - Finish
LG3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s - Finish
LG4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s - Finish

LR



Course:

Signal	Mark Rounding Order
LR1	Start - 1 - 4p - Finish
LR2	Start - 1 - 4s/4p - 1 - 4p - Finish
LR3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - Finish
LR4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - Finish

SI ADDENDUM B — COMPETITION SCHEDULE

This is the initial Competition Schedule. It may be changed in accordance with SI 2.1, and the latest version on the Official Notice Board applies.

Event	Race Area and Warning Signal									
	Sunday, 8 November	**#**	**Monday, 9 November**	**#**	**Tuesday, 10 November**	**#**	**Wednesday, 11 November**	**#**	**Thursday, 12 November**	**#**
M Windsurfing	Saly 12:10	3	Saly 12:00	3	Saly 12:10	3	Saly 12:00	3	Saly 12:10	3
W Windsurfing	Saly 12:00	3	Saly 12:10	3	Saly 12:00	3	Saly 12:10	3	Saly 12:00	3